



**I. COURSE DESCRIPTION:**

This course will build on the CICE students experience in "a la carte" cookery in an operating foodservice establishment environment (The Gallery).

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

Upon successful completion of this course, the CICE student with the assistance of a Learning Specialist will demonstrate a basic ability to:

**1. With assistance produce on an a la carte basis, the following items in an operating food establishment:**Potential Elements of the Performance:

- Practice food preparation cookery methods with emphasis on quality, sanitation and hygiene standards for large quantities in a 'table service' restaurant
- Will assist in the production of food products to industry standards following the sanitation and hygiene code regulations
- Recall cookery methods and apply those methods to a variety of food products according to selected menus
- Will assist in the production of a menu of various classical, contemporary and ethnic dishes (e.g. French - modern and regional; Italian - regional; Asian - Chinese, Japanese, Thai, Indian; North American - regional) following standard recipes using a variety of contemporary serving styles (including artistic plated presentations) and techniques.

**2. With assistance prepare Appetizers**Potential Elements of the Performance:

- Will assist in the production of various techniques of appetizer preparation for volume function. This will include neatness, balance, quality, portion size, garnish, time and convenience.
- Will assist in the production of various side dishes that are tempting and smart in appearance with small portions using skill and originality in combination and garnish

**3. With assistance prepare Soups**Potential Elements of the Performance:

- Will assist in the production of the different types and classifications of soups
- Will assist in the production of soups of different types

- Will assist in the production of different stocks in preparing the different classifications of soups
- Demonstrate the care and handling of stocks used as a foundation in preparing soups
- Will assist in the production of selected national soups and garnishes

#### 4. **With assistance prepare Salads**

##### Potential Elements of the Performance:

- Use different salad greens and vegetables and demonstrate their various uses, their quality and their names and signify their best condition for salad preparation
- Will assist in the production of four basic parts of a salad, demonstrating eye appeal, flavour, color and body by combining them into various salads
- Will assist in the production of non-salad items, main course salads, fruit salads, various dressings relating to salads of quality, eye appeal, flavour, texture and a harmonious combination
- Will assist in the production of various dressings, flavoured oils and vinegars to accompany the salads in harmonious combination
- Will assist in the production of 10 portions of salad, dressing and garnish in a safe, sanitary manner in the allotted time frame using contemporary presentation and culinary techniques

#### 5. **With assistance prepare Vegetables**

##### Potential Elements of the Performance:

- Will assist in the production of a variety of fresh and frozen vegetables following the correct methods, sanitation and safety rules
- Will assist in the following tasks with vegetables: select, handle, clean, cut, blanch, boil, stew, sauté, bake, stuff, roast, deep fry, braise, glaze/gratinate, turn, puree
- Will assist in the production of 10 vegetables from an approved recipe for 10 portions of each vegetable

#### 6. **With assistance prepare Potatoes/Farinaceous**

##### Potential Elements of the Performance:

- Will assist in the production of fresh potatoes following the correct methods, sanitation and safety rules
- Will assist in the production of rice or pasta

**7. With assistance prepare Entrees: Fish, Meat, and Poultry**Potential Elements of the Performance:

- Will assist in various techniques for the production of entrees with emphasis on quality, sanitation, and safety standards
- Will assist in various tasks such as: grill, broil, glaze, braise, sauté, roast, bake, steam, blanch, panfry, puree, stuff, debone, trim and portion

**8. With assistance prepare Desserts**Potential Elements of the Performance:

- Will assist in the production of a variety of finished desserts following correct sanitation, cookery and safety rules
- Will assist in the production of desserts utilizing the following concepts and/or products: season/spice/flavour; thicken; gratinate; shape/form; decorate/present; portion; purees (and dessert coulis); set; pie dough; sweet short dough; puff pastry; choux paste; sponge batter; steamed pudding; cold pudding; gelatin products; fruit products; chilling/freezing; poaching; deep frying, yeast dough; and proofing

**III. TOPICS:**

1. A la Carte Introduction and Equipment
2. Appetizers
3. Soups
4. Salads
5. Vegetables
6. Potatoes/Farinaceous
7. Entrees: Fish, Meat & Poultry
8. Desserts

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

Professional Cooking; 7<sup>th</sup> edition, by W. Gisslen

**V. EVALUATION PROCESS/GRADING SYSTEM:**

The lab assignment includes the following:

Attendance is one of the most important components of the Lab. Therefore, **ANY student who misses more than 3 labs in one semester will be issued an “F” grade** unless extenuating circumstances occur – it is at the professor’s discretion. Gallery functions and external banquets are considered part of the Hospitality curriculum; therefore, attendance is **MANDATORY** and will be assigned at the professor’s discretion.

Assignments must be submitted by the due date according to the specifications of the instructor. Late assignments will normally be given a mark of zero. Late assignments will only be marked at the discretion of the instructor in cases where there were extenuating circumstances.

The instructor reserves the right to modify the assessment process to meet any changing needs of the class. Consultation with the class will be done prior to any changes and all changes will be presented in writing.

The ability to upgrade an incomplete grade is at the discretion of the instructor. It may consist of such things as make up work, rewriting tests, and comprehensive examinations.

The mark for this course will be arrived at as follows:

1. Gathering of utensils and raw materials
2. Pre-preparation of the assigned items
3. Preparation (cooking, baking) of the items
4. Proper storage of the ready items including packaging, refrigeration, and freezing
5. Cleaning of utensils, equipment, work areas, and cooking surfaces. No mark will be assigned until work areas are clean
6. Putting all utensils and small wares into their allocated places
7. No student is to leave the lab area until the end of the period

With the help of the above, students will be **graded in the labs** as follows:

|                                 |     |
|---------------------------------|-----|
| Professionalism & Appearance    | 15% |
| - uniform, grooming, deportment |     |

|  |     |
|--|-----|
| Sanitation & Safety  | 25% |
| - personal, work environmental, product management                       |     |
| - safe handling, operation, cleaning & sanitizing of tools and equipment |     |
| - organization of work area  |     |

|  |      |
|--|------|
| Method of Work                                 | 40%  |
| - Application of theory                        |      |
| - Application of culinary methods & techniques |      |
| Quality of Finished Product                    | 20%  |
| - appearance, taste, texture                   |      |
| Total  | 100% |

| <b>Grade</b> | <b><u>Definition</u></b> | <i>Grade Point Equivalent</i> |
|--------------|--------------------------|-------------------------------|
| A+           | 90 – 100%                |                               |
| A            | 80 – 89%                 | 4.00                          |
| B            | 70 - 79%                 | 3.00                          |
| C            | 60 - 69%                 | 2.00                          |
| D            | 50 – 59%                 | 1.00                          |
| F (Fail)     | 49% and below            | 0.00                          |

|             |  |
|-------------|--|
| CR (Credit) | Credit for certificate requirements has been awarded.  |
| S           | Satisfactory achievement in field /clinical placement or non-graded subject area.  |
| U           | Unsatisfactory achievement in field/clinical placement or non-graded subject area.   |
| X           | A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course. |
| NR          | Grade not reported to Registrar's office.  |
| W           | Student has withdrawn from the course without academic penalty.  |

## VI. SPECIAL NOTES:

### **Dress Code:**

All students are required to wear their uniforms while in the hospitality and tourism institute, both in and out of the classroom. For further details, please read the Hospitality Centre dress code.

**Assignments:**

Since one of our goals is to assist students in the development of proper business habits, assignments will be treated as reports one would provide to an employer, i.e. in a timely and businesslike manner. Therefore, assignments will be due at the beginning of class and will be 100% complete. All work is to be word processed, properly formatted, assembled and stapled prior to handing in. No extension will be given unless a valid reason is provided and agreed to by the professor in advance.

**LAB Absence:**

If a student is unable to attend class for medical reasons on the date assigned, the following procedure is required:

- In the event of an emergency on the day of class, the student may require documentation to support the absence and must telephone the College to identify the absence. The college has a 24 hour electronic voice mail system (759-2554) Ext. 2588.
- The student shall provide the Professor with advance notice preferably in writing or e-mail of his/her need to miss the class with an explanation which is acceptable to the professor.
- The student may be required to document the absence at the discretion of the Professor.
- The student is responsible to make arrangements, immediately upon their return to the College with their course Professor in order to make-up the missed lab.

**VII. COURSE OUTLINE ADDENDUM**

The provisions contained in the addendum located on the portal form part of this course outline.

**CICE Modifications:****Preparation and Participation**

1. A Learning Specialist will attend class with the student(s) to assist with inclusion in the class and to take notes.
2. Students will receive support in and outside of the classroom (i.e. tutoring, assistance with homework and assignments, preparation for exams, tests and quizzes.)
3. Study notes will be geared to test content and style which will match with modified learning outcomes.
4. Although the Learning Specialist may not attend all classes with the student(s), support will always be available. When the Learning Specialist does attend classes he/she will remain as inconspicuous as possible.

**A. Tests may be modified in the following ways:**

1. Tests, which require essay answers, may be modified to short answers.
2. Short answer questions may be changed to multiple choice or the question may be simplified so the answer will reflect a basic understanding.
3. Tests, which use fill in the blank format, may be modified to include a few choices for each question, or a list of choices for all questions. This will allow the student to match or use visual clues.
4. Tests in the T/F or multiple choice format may be modified by rewording or clarifying statements into layman's or simplified terms. Multiple choice questions may have a reduced number of choices.

**B. Tests will be written in CICE office with assistance from a Learning Specialist.*****The Learning Specialist may:***

1. Read the test question to the student.
2. Paraphrase the test question without revealing any key words or definitions.
3. Transcribe the student's verbal answer.
4. Test length may be reduced and time allowed to complete test may be increased.

**C. Assignments may be modified in the following ways:**

1. Assignments may be modified by reducing the amount of information required while maintaining general concepts.
2. Some assignments may be eliminated depending on the number of assignments required in the particular course.

***The Learning Specialist may:***

1. Use a question/answer format instead of essay/research format
2. Propose a reduction in the number of references required for an assignment
3. Assist with groups to ensure that student comprehends his/her role within the group
4. Require an extension on due dates due to the fact that some students may require additional time to process information
5. Formally summarize articles and assigned readings to isolate main points for the student
6. Use questioning techniques and paraphrasing to assist in student comprehension of an assignment

**D. Evaluation:**

Is reflective of modified learning outcomes.